



DEPARTMENT OF DEFENSE
DEFENSE MEDICAL READINESS TRAINING INSTITUTE
4270 GORGAS CIRCLE, SUITE 548
JBSA FORT SAM HOUSTON, TEXAS 78234-2738

REPLY TO
ATTENTION OF

MCCS-TP

26 October 2013

MEMORANDUM FOR COMBAT CASUALTY CARE COURSE STUDENTS

SUBJECT: FY 2013 and 2014 Course Information

1. The Combat Casualty Care Course (C4) is a tri-service medical readiness training course emphasizing interoperability and joint doctrine concepts presented by the Defense Medical Readiness Training Institute (DMRTI) at Fort Sam Houston and Camp Bullis, Texas. The course objective is to prepare medical officers with little or no tactical experience to provide Role I and II medical care for supported units under combat conditions. The course will develop individual skills necessary to successfully assess and manage casualties in an austere combat environment.
2. C4 encompasses eight days of intensive didactic and practical skills training. Students will not leave Camp Bullis until after graduation. Students will be placed in situations that challenge their ability to make quick, sound decisions under the pressure of simulated combat. Students will also participate in one of the following professional education courses: Advanced Trauma Life Support (ATLS), Prehospital Trauma Life Support (PHTLS), or Trauma Nurse Core Course (TNCC).
3. The training day at C4 consistently exceeds 14 hours and is physically and mentally demanding. Tactical training lessons are realistic and conducted under rigorous conditions in the Texas Hill Country. Weather ranges from very cold (15° -30° F) and rainy in the fall/winter months to hot (90°-102° F) and humid in the spring/summer months. Training rarely stops because of inclement conditions. Students must be physically and mentally prepared for an intense outdoor training experience prior to arrival.
4. **Students will not be accepted for training with a temporary profile, duty limitation, or waiver that prevents participation in all phases of the training. Students must be able to run, jump, crawl, march, hang, kneel without limitation, and be able to lift and carry up to 50 pounds. If any of these limitations exist, the student may be removed from the course.** Students with a permanent profile, duty limitation, pregnancy related profile, or waiver will be screened on a case by case basis by the course director. Contact our Academic Support Department at (210) 221-0307 or email the DMRTI registrar at usarmy.jbsa.medcom-ameddcs.list.dmrti-registrar@mail.mil with any questions regarding screening.
5. Students participating in the ATLS course should contact the ATLS Program Manager at their facility to receive their book. No books will be issued during the course. If your facility does not have an ATLS Program, contact our Academic Support Department at (210) 221-0307 or email the DMRTI registrar at usarmy.jbsa.medcom-ameddcs.list.dmrti-registrar@mail.mil.

The following are the ATLS Program Managers:

Eisenhower AMC: Melissa Wadford (706) 787-2695/0265

Madigan AMC: Christopher Harrison (253) 968-4210

Tripler AMC: Vivienne Edwards (808) 433-2923

Bethesda: Christian Powell (301) 400-0846

Pensacola: Thomas Dunmore (850) 505-7038

Portsmouth: Barb Cailteux-Zevallos (757) 953-5377

San Diego: CDR Labossiere (619) 532-7923

San Antonio: Chief Parson (210) 221-9257

6. Travel and transportation scheduling is the responsibility of the student's chain of command.

a. Students traveling via commercial airline must arrive at San Antonio International Airport no later than 1400 hours on Day 1 (Thursday). Upon arrival, and after claiming baggage, students will report to the USO in Terminal #2 where a member of the C4 staff will be stationed. Students will then depart on buses as directed by the C4 representative at 1200, 1330, and 1500 hours. Early arrivals will wait in the Military Reception Area located immediately inside the metal detector area in Terminal #2. Students arriving after the last bus departs will call the C4 staff duty officer at (210) 295-7602 for instructions.

b. Students traveling via privately owned vehicle (POV)/rental car must report to building 5117 Camp Bullis, TX no later than 1400 hours on Day 1 (Thursday). Parking for students will be in Row "B" behind building 5120. Upon arrival to the course students are no longer authorized to travel in POV or rental car. Failure to comply will result in dismissal from the course. Due to these restrictions and limited parking use of POV/rental vehicle is highly discouraged. Students that require driving directions should contact the Academic Support Department at (210) 221-0103 or via email the DMRTI registrar at usarmy.jbsa.medcom-ameddcs.list.dmrtri-registrar@mail.mil

c. Billeting is not available prior to Day 1 of the course schedule or beyond graduation. Students authorized by their chain of command to travel early and/or depart late are required to make individual billeting arrangements as needed. Students may contact the Army Central Reservation Center at DSN 897-2790 or commercial 1-800-GO-ARMY1 (1-800-462-7691) for booking and/or statement of non-availability. Students may also contact the Fort Sam Houston Billeting Office number is (210) 357-2705 ext. 2000 for assistance.

d. Upon graduation, C4 will provide transportation to San Antonio International Airport for students departing via commercial airline. Buses will depart no earlier than 1230 hours on graduation date. Departure flights should not be scheduled prior to 1500 hours to allow time for transportation to airport, check in, and screening.

7. Upon arrival at Camp Bullis, **all personnel will report to Building 5117, in uniform**, for C-4 Student In-Processing Brief. This brief will be conducted in conjunction with the arrival of airport buses. Students reporting via POV/rental car will fall in with briefing groups as they arrive.

8. C4 students will wear service specific field uniform (BDU/ACU/ABU/NWU) while at the C4 course. Students will ensure personal appearance and uniform are in compliance with the applicable service regulations, instructions, and/or policies at all times. Students will wear uniform with sleeves down at all times while at the C4 course. Service specific PT uniform attire is authorized after duty on Days 1-4. **Soft cover field/utility hats and kevlar helmets are the only approved head gear. Flight suits are not authorized.**

a. Air Force personnel that require prescription eyewear may bring and use Air Force issued gas mask only if appropriate military prescription inserts are available and used.

b. Navy Officers have the option of wearing the utility uniform in accordance with either the Navy or Marine Corps standards while at the C4 course. Students without sewn on devices are advised to follow the Marine Corps standard. Current Marine Corps policy dictates that Navy Officers will wear their appropriate corps device on the left collar and their rank insignia on the right collar (bright devices) of the utility uniform. Additionally, Navy Officers will wear the subdued (black) rank centered on the utility cap. (The subdued [black] officer ranks are not available locally).

9. Billeting for the C4 course at Camp Bullis is in two austere living areas.

a. Cantonment Area: Each squad will be assigned to an open-bay co-ed "hutment" where students will reside until departure for the field site on Monday morning. There are separate, communal restrooms/showers for male and female (also open bay). The Dining Facility and public telephones are readily accessible in the cantonment area of Camp Bullis.

b. Field-Training Area: During the field-training phase (Monday-Wednesday), you will be billeted at a remote training site in general-purpose tents with austere hygiene (no shower facilities).

c. Students will be required to pay for meals while at the C4 course. Students will also be required to purchase MREs for consumption during training at the standard government rate (JFTR U4167) which is approximately \$77.30; this includes dining facility meals and MREs. Foreign students rate is approximately \$66.05. Payment will be accepted in cash only. MREs/Dining Facility purchases are mandatory and will be reimbursed upon filing of travel voucher. **(Local members do not receive reimbursement for travel or meals unless you**

unit is willing to repay the amount). Special diet concerns must be addressed by the service member prior to arrival.

10. Equipment/packing list is as follows:

a. **Required**

- Student Welcome Letter and Information Paper
- Students must complete the "Emergency Preparedness Response Course (EPRC) - Clinician Course - (8 hr)", course number J3OP-US258, on-line at <https://jko.jfcom.mil> prior to attending C4. This course will provide foundational knowledge on Chemical, Biological, Radiological, Nuclear and Explosive protection and patient treatment that will be further developed in hands-on field exercises during C4. **A copy of your current EPRC certificate must be provided to (DMRTI registrar or C4 staff) to receive credit for C4.**
- Military ID card (CAC Card)
- A copy of official orders
- ATLS, TNCC, PHTLS certification card, if applicable
- ATLS, TNCC, PHTLS manual, as applicable
- Identification ("Dog") tags
- Complete Service-authorized field utility uniform (no flight suits are to be worn)
- Belt, Service-authorized
- Combat boots (2 pair - properly fitted, well worn, and broken in are STRONGLY recommended)
- Field/Utility cover (service specific soft cap)
- Service specific T-shirts
- Socks
- Undergarments
- PT uniform
- Personal toiletries/hygiene products/shower items (including towel, soap, razor, shower shoes, etc.)
- Baby Wipes
- Prescribed eye glasses (2 pair-with retention strap/contact lenses are not authorized in the field)
- Prescription eyeglass inserts for M40 protective mask, as applicable
- Pens, mechanical pencils, writing tablet/notepad
- Flashlight with red and blue lenses (you must provide your own replacement batteries and light bulbs; no spare parts or batteries are available.)(Headlamp is preferred)
- Leather work gloves
- Sharpie
- Sunscreen
- Motivation & willingness to learn with a positive attitude

b. Recommended

- Prescription medication(s)
- Over the counter medication (Tylenol, Actifed, Mylanta, etc.)
- Sunglasses (must adhere to uniform regulations)
- Camelback (must be black or woodland camouflage, and the drinking tube must be black or hidden)
- Protective eyewear (clear) (**It is issued**, but student may wear their own)
- Dry Gatorade® style re-hydration drink mix (Note mix re-hydration drinks in canteen cups-not the canteen itself. Cups are easy to clean and won't deteriorate.)
- Small book bag (must adhere to regulations)
- Small or compressible pillow
- Baby powder
- Parachute cord or bungee cord
- Sun block and "lip balm" with sunscreen
- Moleskin
- Ziploc® bags
- Insect repellent, DEET
- Insulated boots (SEP-APR)
- Closed-toe running/gym shoes (open-toe footwear is not authorized outside of the shower)
- Gore-Tex® liner/cold weather gear/Sweater (winter months only Oct – Apr)
- Leather work gloves with wool inserts (winter months only Oct – Apr)
- Poly Pro, thermal (or equivalent) top and bottom (winter months only Oct – Apr)
- Heavy wool socks (winter months only Oct – Apr)

c. Discouraged

- Jewelry
- Electronic music players
- Expensive clothing
- Sports equipment
- Excessive cash
- Medical instruments
- Dress uniforms
- Expensive cameras
- Open-toed shoes
- Computers
- Expensive glasses

d. Prohibited

- Weapons (Knife blades over 4" or any other instrument that could be considered a weapon.)
- Stoves, heaters, heat tabs, etc.

e. Issued at C4

- Bag, Duffel
- Belt, Individual Equipment
- Canteen, Water
- Cover, Water Canteen
- Cup, Water Canteen
- Helmet, Ground Troop/Parachute
- Field, Pack
- Liner, Wet Weather Poncho
- Individual Battle Armor
- Mat, Sleeping
- Sleeping Bag
- Parka, Cold Weather
- Trousers, Cold Weather
- Protective, Gas Mask
- M-16 Simulator
- JSLIST suit/boots/gloves
- Protective eyewear (may use your own)
- Knee pads

f. Laundry facilities may be available during the first four days of the course. No electricity is available after Sunday. All belongings should be properly marked for identification. Except when noted, these lists refer to the camouflaged/utility field uniform.

g. Equipment issued at C4 will be returned prior to departure. Students will be charged for lost or damaged items. Rank will not be worn on Kevlar helmet. Any Kevlar/Liner with markings not able to be removed by the student will be purchased by the student.

11. Students must arrive with an approved set of orders validated through Army Training Requirements and Resources System (ATRRS) from your sponsoring command. All students should have confirmation of attendance from the DMRTI Academic Support Department. Any student that has not been added to and validated by the Academic Support Department prior to reporting for training may be denied enrollment and returned to home station.

12. Upon arrival to C4, students are subject to the command and control of the course staff and the DMRTI chain of command. Students will not be available to their chains of command for routine communication until graduation. C4 staff will not relay messages to students other than emergency messages verified by the American Red Cross.

13. Due to the location of the training areas on Camp Bullis, cell phone service is limited and intermittent. Cell phones are not authorized during training. Cell phone usage is only authorized after all training is complete.

14. If an emergency situation arises while a student is attending the C4 course, American Red Cross and service required notification should be processed. Official communications with students will be through the C4 Charge of Quarters (CQ), located at Camp Bullis, at (210) 295-7602 or (210) 347-9605. Messages may take several hours to be delivered and will only be delivered for emergencies. For extreme emergencies where a response is required within minutes, the Camp Bullis Range Control office should be contacted at (210) 295-7510/7790 or DSN 421-7510.

15. It is recommended that all students bring \$50-\$70 (cash, traveler's checks, etc.) for incidentals and memorabilia in addition to the money required for meals. ATMs are available at Camp Bullis and Fort Sam Houston, but access is limited by the course schedule and frequent power failures.

16. Students that may have specific concerns (i.e., religious, cultural, personal, etc.) regarding any component of the C4 course should contact the Academic Support Department at (210) 221-0307 as soon as possible to ensure ample time for consideration of requests.

17. Point of contact for this memorandum is the Registrar at (210) 221-0307 or via email at usarmy.jbsa.medcom-ameddcs.list.dmrtri-registrar@mail.mil.

GARTH W. ALDRICH
LT, USN
Academic Support Department